



Rewarding Learning

ADVANCED SUBSIDIARY (AS)
General Certificate of Education
2023

Centre Number

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Candidate Number

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Health and Social Care

Assessment Unit AS 3

assessing

Health and Well-being

MV18

[SHC31]

MONDAY 22 MAY, AFTERNOON

Time

2 hours, plus your additional time allowance.

Instructions to Candidates

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

You must answer the questions in the spaces provided.

Do not write on blank pages.

Complete in black ink only.

Answer **all three** questions.

Information for Candidates

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(e)**, **2(e)(ii)** and **3(e)**.

Figures in brackets printed at the end of each question indicate the marks awarded to each question or part question.

1 According to a fact sheet produced by the World Health Organisation, “Diabetes is a chronic disease that occurs either when the pancreas does not produce enough insulin or when the body cannot effectively use the insulin it produces” (WHO, 2020). Although younger people can develop it, type 2 diabetes is associated with ageing. Diabetes UK states that, as well as age, other risk factors for type 2 diabetes include an unhealthy diet, lack of exercise, smoking and belonging to some ethnic minority groups.

(a) Give a definition of disease. [2 marks]

(b) Ethnicity is one example of a socio-economic factor. Write down **two** other socio-economic factors that can affect health and well-being. [1 mark for each]

1. _____

2. _____

(c) Other than developing type 2 diabetes, describe how each of the following behavioural factors can affect physical health and well-being. [3 marks for each]

Unhealthy diet

Lack of exercise

Smoking

2 Health promotion is undertaken by a whole range of organisations from the World Health Organisation (WHO) at an international level to a range of statutory organisations in Northern Ireland and even private organisations like pharmacies.

(a) Give a definition of health. [2 marks]

(b) Other than providing fact sheets on diseases and engaging in health promotion, explain **two** ways WHO contributes to health and well-being on a global level. [2 marks for each]

1. _____

2. _____

(c) (i) Health and Social Care Trusts are examples of statutory organisations that are involved in health promotion in Northern Ireland. Explain **three** different ways that Trusts contribute to health and well-being. [2 marks for each]

1. _____

2. _____

3. _____

(ii) Name **two** other statutory organisations that contribute to health and well-being in Northern Ireland. [1 mark for each]

1. _____

2. _____

(d) Other than engaging in health promotion, describe how a pharmacy can contribute to health and well-being.
[3 marks]

3 Early years organisations like crèches, day care, playgroups and nursery schools aim to meet the physical, intellectual, emotional and social needs of young children and to promote their physical and mental health. Anti-discriminatory practice is important for all early years workers and managers.

(a) Explain what is meant by mental health. [2 marks]

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(Questions continue overleaf)

- (b) Complete the table below and opposite to identify **one** example of each type of need and to describe how staff could meet that need for children in a crèche.
[1 mark for each example, 3 marks for each description].

Example of a physical need:
How staff in a crèche could meet that need:
Example of an intellectual need:
How staff in a crèche could meet that need:

Example of an emotional need:

How staff in a crèche could meet that need:

Example of a social need:

How staff in a crèche could meet that need:

(c) Describe **two** examples of discriminatory practice in early years settings. [3 marks for each]

1. _____

2. _____

(d) Explain **one** way discriminatory practice could impact on children's social health and well-being and **one** way it could impact on their psychological health and well-being. [2 marks for each]

Impact on social health and well-being

Impact on psychological health and well-being

Sources

Q1....Diabetes. World Health Organization; 2023. Licence: CC BY-NC-SA 3.0 IGO and © Adapted from Diabetes UK

For Examiner's use only	
Question Number	Marks
1	
2	
3	

Total Marks	
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Examiner Number

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